

The Drishty

A quarterly Newsletter from

Kalinga Eye Hospital & Research Centre

(A unit of NYSASDRI)



KEHRC is a distinguished member of **Vision 2020** India forum (a global initiative taken by **WHO-IABP** to eliminate avoidable blindness)



To promote quality of life in rural communities through providing affordable eye care services on a sustainable basis.



Let's join hand for the noble cause
And be a part of this achievement

Creating In-house Leaders..

Mr. A. Joseph Raj from LeadMax conducted a leadership and management seminar at ODM public school Bhubaneswar from October 19-21,



ODM Public School at Bhubaneswar, Odisha.

2011. It was generously supported by DIK Germany and NYSASDRI. 20 delegates from Peacock, ODM public school, NYSASDRI, and

Kalinga Eye Hospital participated. Participants from KEH included Sarangdhar Samal, Sabita Swain, Sabita Samal, Ruju Rai, Ashanti Behera, Janardan Behera, and Sunil Kumar Mishra.

Primary topics included basic definitions, traits/ behaviors/relationships, contingency approaches, ethics, followership, motivation and empowerment, communication, teamwork, diversity, power dynamics, creating vision and strategic direction, culture and values, and organizational learning. Activities ranged from

traditional lectures to storytelling and interactive games. The workshop energized the participants to share ideas about leadership and return back to their respective organizations ready to engage their staff through effective leadership and management.



Mr. A Joseph (Center) addressing the participants in the workshop on leadership.

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Let's Light a Life: Support Us

Kalinga Eye Hospital is internationally recognized for provided cutting-edge, high-quality care to Orissa's poorest residents. By providing free cataract surgeries to over 5000 patients annually, we bring light into the lives of children and adults throughout India's

poorest district. One of the most cost-effective global health interventions, cataract surgery gives patients new educational and economic opportunities, thereby boosting the local economy and helping to break the cycle of poverty. To continue this life-

changing and community-building work, we need your support. Only \$50 pays for a sight-restoring cataract surgery—please give now and restore someone's sight today. Together, we can build a brighter future for Orissa.



Unite For Sight supported Sight restored patient at Kalinga Eye Hospital.

Restoring Sights : Unite For Sight

Unite For Sight, a non-profit global health delivery organization that empowers communities worldwide to improve eye health and eliminate preventable blindness has joined forces with Kalinga Eye Hospital, Dhenkanal to provide comprehensive Ophthalmic care including examinations by eye doctors, diagno-

sis and care for all treatable conditions, educating the community about preventive measures through conducting Outreach eye treatment camps. Outreach camp services are conducted in a radius of about seven hours from the clinic in the local villages to minimize the patient travelling. These pa-

tients are provided with follow up care by our outreach teams regularly. To date, more than 20,000 people, including 3066 adult & 9 Paediatric cases got sight restored in this year under this joint program and in the last quarter 1015 adult and one paediatric cases were restored with sight.

102 people affected with Diabetes were treated with Laser Photocoagulation procedure, preserving their sight.

Relighting Life; Deogarh

The people of Deogarh were afraid of undergoing cataract surgery after an unfortunate cataract operation. Kalinga Eye Hospital has since restored their confidence in cataract surgeries and has joined hand with the district administration

of Deogarh to organize eye treatment camps followed by cataract eye surgeries in the district of Deogarh. In the initial phases, Kalinga Eye Hospital's technical team were conducting camps in the different blocks of Deogarh and holding

the surgeries in the District Head quarter Hospital of Deogarh. In order to maintain quality & sterility in the surgeries, Kalinga Eye Hospital has conducted four outreach camps between November 3 & 5, 2011 and restored 92 sights.



The delegation of SEVA partner from VMANN, West Bengal at Kalinga Eye Hospital, Dhenkanal, Odisha.

Team SEVA visiting Kalinga Eye Hospital.

A delegation of SEVA partners from Vivekananda Mission Ashram Netra Niramaya Niketan (Dr. A. K. Sil, Purnendu Jena) and Aravind Eye Hospital (Mr. Sanil Joseph) visited Kalinga Eye Hospital on November 13, 2011 to evaluate the

operations of the clinical and non-clinical services and provide consultation on the future growth and development of the organization. Activities included a tour of the hospital and round table discussion with the clinical and manage-

ment teams. Finally, Dr. Asim Sil gave an educational presentation to the paramedic staff on understanding cataract and counseling surgical candidates.



Strategic Planning Workshop on Sustainability.

Camp Manager Narotama Parida and Hospital Manager Sunil Kumar Mishra traveled to West Bengal to attend the strategic planning workshop on sustainability organized by the SEVA Foundation at the Vivekananda Mission Ashram Nitra Niramaya Niketan from December 8 through December 10. Four

community hospitals (2 from West Bengal, 1 from Bangladesh, and KEH) attended to collaborate ideas and build their capacity toward the simple goal that 1 million eyes may see again by the year 2015. Mr. D. Nagarajan from the SEVA Foundation, USA presided over the event and representatives from

VMANN (Dr. Asim Sil) and Aravind Eye Hospital (Ms. Sashipriya) provided didactic presentations. Major issues discussed included financial sustainability, challenges related to retention of human resources, and maintaining quality of both clinical and non-clinical services.



The team at Viveka Nanda Mission Ashram Netra Niramaya Niketan, West Bengal for the workshop on Sustainability.

Volunteering at KEHRC

From October to December, 2 volunteers traveled to Dhenkanal to work with Kalinga Eye Hospital through the organization Unite for Sight. Volunteer projects this quarter have included research studies investigating patient eye drop usage and analyzing the eco-

nomic profile of cataract surgery patients, improvement of the hospital's website, computerizing data from village eye screenings, and investigating options for a switchover to an electronic medical records system. In addition to working on these pro-

jects, volunteers also participate in village eye camps and observe and record cataract. The following people volunteered at Kalinga Eye Hospital during the months of October, November & December, namely Robin A. Sautter and Chankrit Sethi.

DIK Germany Consultant, Mr. Mark Paul has visited Kalinga Eye Hospital on 21-22nd October 2011.

Annual Meeting 2011.

The annual review and planning meeting, which centered on the themes of financial sustainability and patient-centered care, was organized on the 22nd and 23rd of December 2011 at Kalinga Eye Hospital. For the first half, the



entire team gathered together to celebrate achievements and critically review areas for

improvement as they looked back at the activities of the year 2011. During the second half, the team's mission objectives were renewed and targets were set for an even brighter and more successful year 2012.



Dr. (Col) Subhash Chandra Nanda, Medical Director, addressing the staffs at the Annual Meeting.

**Kalinga Eye Hospital
& Research Centre**



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ACHIEVEMENTS (October– December 2011)

SI No	Activities	In Nos
1	OPD in the Base Hospital	5161
2	Outreach screening camps conducted	64
3	OPD in those eye screening camps	4488
4	No of Free Adult Eye surgeries conducted	1563
5	No of Paying Adult eye surgeries conducted	41
6	No of Paediatric Eye Surgeries conducted	21
7	Total surgeries conducted	1625
8	No of Corneas Retrieved	0
9	Children Screened	2307
10	OPD at the Vision Centre	594
11	Persons educated on eye care	1625

Redefining Life: Case Story

At an eye camp located a hefty four-hour drive away from the Dhenkanal district of Orissa, paramedics from the Kalinga Eye Hospital conduct screening tests upon dozens of villagers. Among the handful of people with identifiable cataracts is 44-year-old Annapurna Majhi. In the village of Nhagaon, Annapurna's husband works as a farmer to support his family. Annapurna has no children to support her though; instead, her husband has a second wife, and she stays with them and their family. Annapurna has not received any formal schooling and takes care of the home. Over the last couple of years, however, she noticed that her vision became blurrier and, upon hearing about the eye camp arriving near her

village, decided to get her eyes checked. To her surprise, she was told that she has a cataract in her left eye and required it to be surgically removed in order to enjoy normal vision once more. Interestingly enough, Annapurna had no idea that she was suffering from a cataract when she first decided to visit the eye camp operating near her village on December 6, 2012. She cites her increasingly blurry vision as the main factor that motivated her to seek treatment and get her eyes checked. When pressed with increasingly intricate questions regarding the nature of her affliction, she simply laughs. To her, the cataract is simply the source of her blurry vision, an inconvenience that impairs her daily household chores. Difficulties in sew-

ing, cleaning and cooking, for example, are merely a source of irritation that she has learned to live with. When questioned about what she expects from the sight-restoring surgery that she is about to undergo, she says: "Now, my eyes are bad. I hope the surgery is good, and I will be okay." Post-operative visual acuity testing reveals that her eyesight is back to normal and for her, this is a cause for joy. No longer will her daily activities be clouded by the blurry vision brought on by the cataract; instead, thanks to the surgery, she goes home with a new bout of independence and productivity. Or, to put it more simply in her words: "The surgery was good. Now I am okay."



**Annapurna before her
Cataract Surgery**



**Annapurna; after Cataract
Surgery**

**Make a
Difference
Let's Save Somebody's Light
DONATE NOW**

According to the World Health Organization, 37 million people worldwide are blind — yet 28 million suffer needlessly. Their blindness could have been prevented or treated. Kalinga Eye Hospital is fighting against preventable blindness —let's join hands to eliminate blindness and transform lives.